

## **POST-SURGICAL MEDICATION INSTRUCTIONS**

### **Pain Medication:** \_\_\_\_\_

- Get something to eat as soon as possible after surgery so that pain medication can be taken immediately after surgery and before the numbness wears off completely.
- Take the pain medication on a regular basis after surgery to maintain your comfort level.
- Do not take your pain medication on an empty stomach.

***Please note: Do not take additional Tylenol or acetaminophen based medications (such as cold medicines) with narcotic pain medicine (if prescribed) as this may cause a toxic level of acetaminophen.***

### **Antibiotic:** \_\_\_\_\_

- If you did not start your antibiotic before surgery, go ahead and start it after your procedure.
- Do not take antibiotics on an empty stomach.
- Finish the entire prescription as directed.

### **Medrol Dose Pack**

- If you started before surgery, continue the prescription as directed.
- If you did not start the prescription before surgery, be sure to take all six of the first day of pills the day of surgery and then follow the schedule for the remainder of the pack.
- Start the Medrol Dose Pack the morning after your surgery.
- Finish the entire prescription as directed.

### **Peridex Rinse**

Rinse twice daily—once in the morning after breakfast and once before bed—until you return for your post-operative appointment.

**If you have any kind of reaction to any of the medications that have been prescribed, stop taking them immediately and call the office. If you develop a rash, redness, or itching - take a Benadryl.**